

NEWSLETTER

Friday 15th January 2021

Proudly sponsored by CORE Education Trust

Team JQA is all of us

I would like to begin by wishing you a Happy New Year on behalf of all staff members at JQA. I appreciate that, for some, well wishes and happiness are in opposition to the general mood, but it is important that we remain as positive as possible in the face of adversity – particularly for our young people.

It is also critical that we now support one another more than ever before. Team JQA is all of us. One thing that I have been acutely reminded of recently is the importance of solidarity and community. JQA's community and sense of alignment is strong and this is very much reflected in our students and you, as parents / carers.

You will be very familiar with our CORE Values, which underpin everything that we do and continue to do...so, if we continue to: work as a team, giving frequent feedback to one another (complimentary and developmental); give our young opportunities to develop themselves irrespective of the circumstances; focus on the children showing respect for everyone else and, of course, themselves; plus, strive for the very best in everything they do, we will be successful.

Thank you so much for your support over this rather challenging time. Your positive comments and views on making things even better are crucial to us. You can be assured that we are doing everything we can to provide an excellent level of service to you and your children, whether that is upskilling teachers with regards to remote learning, buying and then sending home additional resources for families to learn effectively, or continuing to invest in the fabric the building, all of these things, and more, are still progressing.

I wish you the very best over the coming weeks and would like to remind you that, if there is anything else that you need, we are here for you – please get in touch. **Mr G. Williams—Headteacher**

Our Shared Mission:

At JQA, we focus on **delivering a CORE education** that provides a broad range of opportunities for students from all backgrounds to learn and achieve as well as developing a depth of character around our shared values.

Collaboration: we achieve our goals through working together and working successfully with others.

Opportunity: we make the most of every opportunity that we are offered to learn and grow.

Respect: we look after one another and make sure everyone is safe and that we are respectful

Excellence: we always give 100% and make sure that everything we do is our best.

COMING UP...

Our Events calendar is online at www.jewelleryquarter.academy/events

7th January - 29th January : Echo Eternal campaign days and community events

Week commencing 25th January: Echo Eternal Horizons

Jewellery
Quarter Academ
St George's Court
1 Albion Street
Birmingham
B1 3AA

tel: 0121 729 7220 between 8am and 4pm

email: enquiry@jewelleryquarter.academy

www.jewelleryquarter.academy

@COREJQAcademy

@corejgacademy

OPPORTUNITY - Echo Eternal

Jewellery Quarter Academy is part of the nationally-recognised Echo Eternal project, working with Holocaust survivor testimonies to learn important lessons. Our students are learning about the experience of Zigi Shipper, and have recently made a video pledge with a clear message 'Don't hate.'

Unfortunately, our public campaign day was cancelled due to the national lockdown. We are hoping to do our showcase our work soon with St Paul's church.

Our students who represent the Academy, our 'Eternal Flames' recently did a campaign day video to promote our pledge and the testimony of our Holocaust survivor, Zigi Shipper.

Please press the link to watch the video: https://youtu.be/ifGZD3QIXNI

Here are some pictures from our recent work:









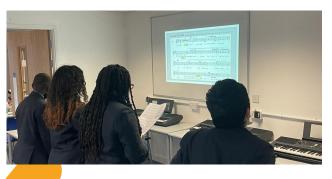












DELIVERING A CORE EDUCATION

RESPECT – Virtual JQA Live Lessons

From 11th January, all lessons at Jewellery Quarter Academy went live through Microsoft Teams. All students have been emailed their new timetables and these can be found on our app as well as our new Virtual JQA microsite—as well as other useful information for our community such as support and guidance. A letter from Mr Barton, Deputy Headteacher, outlines our strengthened offer for students.

The Virtual JQA day is as follows:

Virtual Tutor Time: 8.30am—9.00am

Period 1: 9.00am—10.00am

Screen Break

Period 2: 10.15am-11.15am

Break: 11.15am—11.30am

Period 3: 11.30am—12.30pm

Period 4: 12.30pm-1.30pm

Lunch: 1.30pm—2.00pm

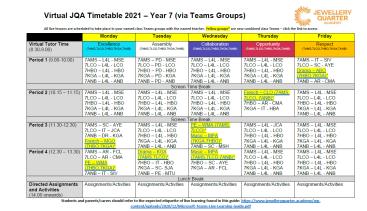
2.00pm onwards: Activities/Assignments/Accelerate

When your child is online, please make sure:

- They join promptly
- They have a pen and paper for any note taking during the lesson.
- Microphones off/muted
- Cameras are off
- They do not type in the chat unless asked to
- They are ready, respectful and safe at all times
- They use the raise hand button if they have a question
- They complete all Assignments as directed

Students must be present and active at all times, and may be called upon to answer questions.

It is important that parents and carers get their child into a good morning routine so they are ready for learning at 8.30 and monitor and check-in with their child throughout the day to ensure they are meeting the Virtual JQA expectations. A guide for parents/carers is available on our microsite and you can call the Academy on 0121 729 7220 for technical support.









RESPECT - Mental health: Top Tips

1. Make social connection a priority

Phone calls and social networks have their place, but few things can beat the stress-busting, mood-boosting power of quality face-to-face time with other people in your bubble.

2. Stay active

Staying active is as good for the brain as it is for the body. Regular exercise or activity can have a major impact on your mental and emotional health, relieve stress, improve memory, and help you sleep better.

3. Talk to someone

Talk to a friendly face. Social interaction with someone who cares is one of the most effective ways to calm your nervous system and relieve stress.

4. Appeal to your senses

Does listening to an uplifting song make you feel calm? Does squeezing a stress ball help you feel centred? What about taking a walk in nature and enjoying the sights and sounds of the trees? Everyone responds to sensory input a little differently, so experiment to find what works best for you.

5. Take up a relaxation practice

Yoga, mindfulness, meditation and deep breathing can help reduce overall levels of stress.

6. Make leisure and contemplation a priority

Leisure time is a necessity for emotional and mental health. Take some time to relax, contemplate, and pay attention to the positive things as you go about your day — even the small things. Write them down if you can, because they can be easy to forget. Then you can reflect on them later if your mood is in need of a boost.

7. Eat a brain-healthy diet to support strong mental health

Foods that can support your mood include fatty fish rich in omega-3s, nuts (walnuts, almonds, cashews and peanuts), avocados, beans, leafy greens (spinach, kale and Brussels sprouts), and fresh fruit such as blueberries.

8. Don't skimp on sleep

It matters more than you think. One way to get sleep better is to take a break from the stimulation of screens — TV, phones, tablets or computers — in the two hours before bedtime.

9. Get help if you need it

There are many charities that offer free support if you need someone to speak to, please see below:

Samaritans Website: www.samaritans.org Telephone: 116 123

Mind Website: www.mind.org.uk Telephone: 0300 123 3393

Rethink Mental Illness Website: www.rethink.org Telephone: 0300 5000 927



Excellence-Virtual JQA

Well done to the students named below who have made an excellent start to their live lessons at Virtual JQA:

Name	Reg
Abdi, Mouna	11R
Abdullahi, Said	8KRJ
Ali, Shaima	8CWI
Aziz, Dia	10D
Azram, Zayyan Raja	8KRJ
Copeland-Thomas, Di'Ante	8CWI
Hasan, Farhiya	10C
Johora, Fatematuj	8ZMA
Nascimento, Beatriz	8FAL
Ramadhan, Malaak	11R
Shapuri, Murtuza	8CWI
Sintajova, Yana	7HBO
Swaby, Rhaejon	100
Ul-Haq, Ubaid	8ZMA
Williams, Aaliyah	8KRJ

How will YOU get a postcard sent by our pastoral team for excellence in your live lessons?







REWARDS NEWS

We continue to send postcards home for students who demonstrate our CORE values in live lessons...

Year 7: Mahim Mohammed - 238 points

Year 8: Daria Lepianka—403 points

Year 9: Ifesinachi Chinwuko—622 points

Year 10: Rico Allen-507 points

Year 11: Abdelrahman Tabash—231 points

These above-named students are leading their year group for merit points. Can you catch them?

Year 7 have earned an incredible 9953 points in total so far this year. Year 9 are not far behind....

Keep logging those rewards from home at www.mystickers.com



DELIVERING A
CORE EDUCATION

COLLABORATION

National Lockdown—Stay At Home

From 4th January 2021, England was placed into a national lockdown. and it is important to make sure that you know what the restrictions are:

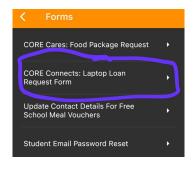
- Households and bubbles cannot mix inside or outside—stay at home
- Non-essential shops are closed.
- Avoid overnight stay in another part of the UK.
- Pubs/restaurants are shut but takeaway shops are permitted.
- Hospitality venues closed.
- School /colleges are only open to key worker/vulnerable students



Laptop loan request

If your child is in need of a laptop, please complete the request form on the Piota App:











ATTENDANCE TO LIVE LESSONS

We expect all students to attend ALL live lessons at Virtual JQA from 0830 onwards.

We would like to congratulate the following form groups for excellent attendance so far:

10C—90.4% of all live lessons attended so far

11R—87.5% of all live lessons attended so far

7AMS—83.2% of all live lessons attended so far



Attendance to live lessons is improving everyday. We send out daily alerts to parents and carers if their child is marked absent for a live lesson and also recognition of 100% attendance each week from next week.

A reminder that if your child is ill and cannot access live lessons, please call the Academy and let us know by calling 0121 729 7220 and selecting Option 2 to leave a message for Miss Sparg.



www.jewelleryquarter.academy

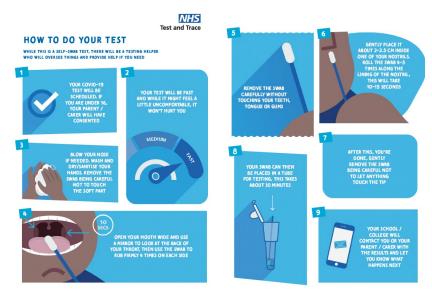
Twitter: <u>@COREJQAcademy</u> Instagram: <u>@corejqacademy</u>

Email: enquiry@jewelleryquarter.academy

COLLABORATION

Setting Up Our 'Seacole Centre' for Covid Testing

Testing staff and students for Covid-19 is now underway at JQA in our 'Seacole Centre'. <u>Please ensure you have given consent for your child online here.</u> The test centre helps the Academy to get quick results for staff and students. The method for testing is known as Lateral flow test, which can be seen below. <u>A link</u> to more information about testing at JQA is on our website.



Our test centre is called the 'Seacole Centre', named after Mary Seacole, the famous nurse during the late 1800s. She became famous during the Crimean war, in which she opened a hotel to provide food and supplies for the soldiers. Students have recently learned about Mary Seacole in their Personal Development sessions and our key worker students worked with Miss Clarke to produce artwork inspired by Mary Seacole too—we will feature some of this in our next edition.







Year 11 Parents' and Carers' Evening—SchoolCloud

Unfortunately, this event on Thursday 14th January didn't go to plan due to the School Cloud server going down. This was a national issue and there were many cancelled parents' evenings across the country in different schools. However, due to the perseverance, adaptability and determination of our staff, we were able to make contact with some parents via Teams or a phone call. I wanted to extend my thanks to you – the parents and carers – for your flexibility, understanding and patience.

We are working on a contingency plan to make contact with those parents who we didn't manage to get in contact with, so please look out for more information on that. Thank you again for your support,

Miss D Chudasama—Year 11 SLT link



WHO TO CONTACT AT JQA

If you wish to discuss any aspect of your child's education or time at Jewellery Quarter Academy can we ask that you contact the Head of Year for your child in the first instance.

The most effective way to do this is via email.

Please don't always expect an immediate response as all teachers have very busy timetables, but we will endeavour to reply the same day. The contact emails for each Head of Year are listed here.

Year 7 M Seleshe: mseleshe@jewelleryquarter.academy

Year 8 Mr M Morton: mmorton@jewelleryquarter.academy

Year 9 Mr C Kyffin: ckyffin@jewelleryquarter.academy

Year 10 S Ivey sivey@jewelleryquarter.academy

Year 11 Mr S Campbell <u>scampbell@jewelleryquarter.academy</u>



If you would like to contact the Well-Being team, email safeguarding@jewelleryquarter.academy
If you have an urgent safeguarding issue, you can call our Designated Safeguarding Lead on 07823354044



Miss Seleshe



Mr Morton



Mr Kyffin



Miss Ivey



Mr Campbell

STAYING IN TOUCH WITH JQA

Academy Voicemail

We have recently changed our phone system after feedback from parents/carers to include the facility to leave a message if lines are busy.

You now have the option to leave a voice message on the Academy Voicemail in office hours and out of office hours too—this is checked twice a day at 8am and 12pm.

Please be sure to state your child's name clearly and who the message is for and one of Team JQA will get back to you.



