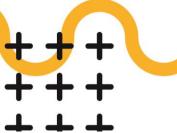
MENU

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Halal Chicken sausage, red onion gravy and champ mash potato	Fiery Mexican chilli, brown rice, sour cream and so	Roast Chicken, crispy roast potatoes and gravy	Crispy battered Fish or Chicken Wings With chunky Chips	Crispy battered fish or chicken wings with chunky chips
	Vegetarian Main Dish	Sweet potato and vegetable masala, Bombay potatoes and coriander & green chilli chutney	Quorn and vegetable lasagne with garlic bread	Cheesy potato and leek pie served with crispy roast potatoes	Butternut squash & chilli pasta with crusty bread	Falafel in a pitta with crunchy slaw and chunky chips
	Accompaniments	Garden peas Salad bar	Corn of the cob Salad bar	Carrots and Broccoli Salad bar	Green beans Salad bar	Mushy peas Baked beans Salad bar
	Street Food & the hatch	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
	Cold G&G	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
	Desserts	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE

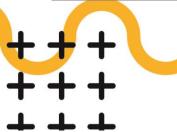


PLANT-BASED (VEGAN)



MENU

	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Beef & mushroom pie topped with puff pastry	Lasagne Served With Garlic Bread	Roast chicken, sage and onion stuffing and gravy served with Roast potato	Crispy Battered Fish or Chicken wings With Chunky chips	Crispy battered fish or chicken wings with chunky chips
	Vegetarian Main Dish	Cheese & broccoli quiche	Piri Piri Quorn fillet with lemon couscous & tomato salsa	Quorn roast, sage and onion stuffing and gravy served with creamy mash potato	Squash and chickpea Balti with pilau rice	Mexican Quorn burrito with salsa
,	Accompaniments 5	Seasonal Vegetables Salad bar	Green beans Salad bar	Seasonal vegetables Salad bar	Garden peas Salad bar	Mushy peas Baked beans Salad bar
9	Street Food & the hatch	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
	Cold G&G	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
	Dessert	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE

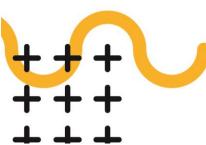


PLANT-BASED (VEGAN)



MENU

	Week 3	MEAT Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Vegetable tikka masala with pilau rice and cucumber raita	Creamy chicken and leek pie with a golden pastry top served with mash potatoes	Roast Turkey with crispy roast potatoes and gravy	Jumbo Fish Fingers or Chicken Wings served with chunk y Chips	Jumbo fish fingers or chicken wings served with chunky chips
	Vegetarian Main Dish	Mixed bean and aubergine tagine with couscous	No chicken teriyaki with rice	Vegetarian cottage pie with gravy	Spiced vegetable jambalaya	Roasted Mediterranean vegetable calzone
•	Accompaniments 5	Sweetcorn Salad bar	Carrot batons Salad bar	Braised red cabbage Salad bar	Green beans Salad bar	Mushy peas Baked beans Salad bar
	Street Food & the hatch	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken wrap Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day	Jacket Potato Love Joes chicken pitta Bamboo pasta selection of the day	Jacket Potato TUGO Pizza Bamboo pasta selection of the day
	Italian Daily Special	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads	Baguettes, sandwiches, wraps & salads
	Dessert	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots	Selection of home-bakes, dessert pots & fruit pots







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

