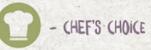
MENU







- 1 OF YOUR 5 A DAY

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Vegetarian sausage and bean gratin with garlic and herb potatoes(V)	BBQ chicken with baked wedges	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato	Crispy Battered Fish Goujons With Chunky Chips	Crispy Battered Fish Goujons with chunky chips
Vegetarian Main Dish	Cheese and Tomato quiche with garlic and herb potatoes	Piri Piri Quorn fillet with lemon couscous homemade tomato salsa (V)	Roasted Quorn Fillet and gravy served with new potatoes(V)	Mexican Quorn Burrito with Homemade Salsa	Mexican Quorn Burrito with Homemade salsa
Accompaniments 5	Peas & Carrots & Crisp mixed salad	Green beans Roasted courgettes & Crisp mixed salad	Roasted Root Vegetables & Crisp mixed salad	Peas & Sweetcorn & Crisp Mixed Salad	Peas & Sweetcorn & Crisp mixed salad
Hot Handheld special	Classic Margherita pizza	Chicken gyros in wholemeal pitta bread, with salad	Vegetable pizza	Tandoori chicken burgers with Bombay potatoes	Quorn tikka wraps with salad(V)
Bamboo Pasta	Tomato Pasta	Vegetable Chow Mein	Mac and cheese	Pepperoni pasta (V)	BBQ Chicken Pasta
Jacket Potato	Grated cheese Or Baked beans with salad	Tuna Mayo Or Grated cheese with salad	Coleslaw Or Baked beans with salad	Grated cheese Or Tuna sweetcorn with salad	Baked beans Or cheesy coleslaw with salad
Dessert	Selection of home bakes	Selection of home bakes	Selection of home bakes	Selection of home bakes	Selection of home bakes

TRY OUR STREET FOOD GRAB AND GO FOR HEALTHY MEALS ON THE GO

